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**Apex, NC**

TUE **7:00 PM EASY DOES IT AFG**  
EN C MNO & ONL Apex United Methodist Church Fellowship Hall, 100 S Hughes St, Apex, NC 27502, USA

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**Burlington, NC**

SUN **6:30 PM BURLINGTON AFG**  
EN C ST & ONL First Reformed United Church of Christ, 513 W Front St, Burlington, NC 27215, USA

TUE **8:00 PM BURLINGTON AFG**  
AA AL EN C & ONL First Reformed United Church of Christ, 513 W Front St, Burlington, NC 27215, USA

**8:00 PM BURLINGTON ALATEEN AFG**  
Y XYZ First Reformed United Church of Christ, 513 W Front St, Burlington, NC 27215, USA

WED **10:00 AM WE CARE AFG**  
BE EN C & Alamance Lutheran Church, 4008 NC-62, Burlington, NC 27215, USA

**3:00 PM HOPE IN THE AFTERNOON AFG**  
AA EN C & ONL Win Lakes Retirement Community (Boland Community Center  
Enter on Church St. and stay on Wade Coble Drive Continue on Wade Coble past Canterbury and park near the main building (Boland Community Center). Our new meeting room is just inside the main entrance on the right.), 3701 Wade Coble Dr, Burlington, NC 27215, USA

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**Carrboro, NC**

THU **7:00 PM SOLUTIONS AFG**  
EN O & ONL Carrboro United Methodist Church (Meeting held in the Little White House), 200 Hillsborough Rd, Carrboro, NC 27510, USA

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**Cary, NC**

SUN **4:00 PM SAFE-HAVEN AFG**  
EN O ONL Fairmont United Methodist (Formerly named Craddock Al-Anon ACOA), 2501 Clark Ave, Raleigh, NC 27607, USA

MON **8:00 PM MONDAY NIGHT SERENITY**  
AA EN O & ONL White Plains United Methodist Church, 313 SE Maynard Rd, Cary, NC 27511, USA

WED **1:30 PM SERENITY FOR COURAGE TO CHANGE AFG**  
EN O & ONL Triangle Alano Club, 177 High House Rd, Cary, NC 27511, USA

**8:00 PM ONE DAY AT A TIME AFG**  
BE EN C & ONL Christ The King Lutheran Church, 600 Walnut St, Cary, NC 27511, USA

THU **7:30 PM COURAGE TO CHANGE AFG**  
EN O & Triangle Alano Club, 177 High House Rd, Cary, NC 27511, USA

FRI **7:00 PM COURAGE STRENGTH AND HOPE AFG**  
EN O & ONL Cary Presbyterian Church, 614 Griffis St, Cary, NC 27511, USA

SAT **9:30 AM COURAGE TO CHANGE AFG**  
ONL Triangle Alano Club, 177 High House Rd, Cary, NC 27511, USA

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**Chapel Hill, NC**

MON **7:30 PM PROGRESS NOT PERFECTION STEP STUDY AFG**  
EN C Friends Meeting House AFG, 531 Raleigh Rd, Chapel Hill, NC 27514, USA

TUE **1:00 PM TUESDAY SERENITY AFG**  
EN C & ONL Binkley Baptist Church (Off 15-501 beside University Mall, enter from playground area.), 1712 Willow Dr, Chapel Hill, NC 27514, USA

**7:30 PM CHAPEL HILL/CARRBORO AFG**  
EN C & ONL Friends Meeting House AFG, 531 Raleigh Rd, Chapel Hill, NC 27514, USA

WED **Noon LUNCH BUNCH AFG**  
EN O & ONL St. Thomas More Catholic Church (Meeting is held in the new Parish Office building which is the building just left of church front doors.), 940 Carmichael St, Chapel Hill, NC 27514, USA

THU **7:00 PM SERENITY AT SEVEN AFG**  
EN C ONL Christ United Methodist Church (Building 101 across the road from the church.), 101 Market St, Chapel Hill, NC 27516, USA

FRI **Noon FRIDAY TGIF AFG**  
EN C & ONL Binkley Baptist Church (Off 15-501 beside University Mall, enter from playground area.), 1712 Willow Dr, Chapel Hill, NC 27514, USA

**7:30 PM BLUE HEAVEN ACOA AFG.**  
EN C TC & Chapel of the Cross, 304 E Franklin St, Chapel Hill, NC 27514, USA

SAT **8:30 AM EARLY BIRD MEETING AFG**  
EN C & ONL Binkley Baptist Church (Off 15-501 beside University Mall, enter from playground area.), 1712 Willow Dr, Chapel Hill, NC 27514, USA

**10:00 AM SATURDAY MORNING LIVE BEGINNERS AFG**  
BE EN O ONL Binkley Baptist Church (Off 15-501 beside University Mall, enter from playground area.), 1712 Willow Dr, Chapel Hill, NC 27514, USA

**10:30 AM GRUPO SERENIDAD DE AL-ANON**  
C TC S Iglesia Unida de Cristo de Chapel Hill, 1321 M.L.K. Jr Blvd, Chapel Hill, NC 27514, USA

**11:00 AM SATURDAY MORNING LIVE AFG ADULT CHILDREN**  
EN O ONL Binkley Baptist Church (Off 15-501 beside University Mall, enter from playground area.), 1712 Willow Dr, Chapel Hill, NC 27514, USA

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**Clayton, NC**

MON **7:00 PM RAZON PARA VIVIR (LUNES)**  
O TC S & 4057 US-70 BUS, Clayton, NC 27520, USA (Meeting is currently held via ZOOM - updated 10/18/2020), 4057 US-70 BUS, Clayton, NC 27520,

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**Clayton, NC (contd.)**

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USA

WED **7:00 PM RAZON PARA VIVIR (MIÉRCOLES)**  
O TC S & 4057 US-70 BUS, Clayton, NC 27520, USA (Meeting is currently held via ZOOM - updated 10/18/2020), 4057 US-70 BUS, Clayton, NC 27520, USA

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**Durham, NC**

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SUN **8:00 PM STEP STUDY AL-ANON GROUP AFG**  
AA AL EN C Duke Memorial United Methodist Church (The Sunday Night Step Study group that meets at Duke Memorial United Methodist Church in Durham, North Carolina, will be changing its room meeting location. Meeting is held in the Bradshaw room. The room is located on the main floor of the Education building, the building is next to Gregson Avenue.), 504 W Chapel Hill St, Durham, NC 27701, USA

MON **6:00 PM EXPERIENCE STRENGTH AND HOPE AFG**  
EN C ONL Aldersgate United Methodist Church (Corner of Umstead and Bivens Road next to church office.), 1320 Umstead Rd, Durham, NC 27712, USA

TUE **Noon DOWNTOWN DURHAM LUNCHTIME AFG**  
C & ONL First Presbyterian Church East Parlor (Park in rear; and PLEASE Do not park in reserved spaces.), 305 E Main St, Durham, NC 27701, USA

**6:30 PM LANGUAGE OF HOPE AFG**  
EN C & ONL Mt. Sylvan United Methodist Church, 5731 N Roxboro St, Durham, NC 27712, USA

**7:30 PM ALEXANDER AVE. AFG**  
EN C & ONL Durham Friends Meeting, 404 Alexander Ave, Durham, NC 27705, USA

WED **7:00 PM UNITED AFG**  
EN C & ONL Pilgrim United Church of Christ, 3011 Academy Rd, Durham, NC 27707, USA

THU **Noon RTP MUNCH BUNCH AFG**  
EN C & ONL Lowe's Grove Baptist Church (In brick building behind church), 4430 S Alston Ave, Durham, NC 27713, USA

**6:30 PM JUST FOR TODAY AFG**  
EN O ONL Durham Alano Club (There is more parking in the rear of the building), 400 Crutchfield St Unit A, Durham, NC 27704, USA

FRI **Noon DOWNTOWN DURHAM LUNCHTIME MEETING AFG**  
EN C & ONL First Presbyterian Church East Parlor (Park in rear; and PLEASE Do not park in reserved spaces.), 305 E Main St, Durham, NC 27701, USA

**6:30 PM LGBT TRIANGLE RECOVERY AFG**  
EN O & ONL Eno River Unitarian Universalist Fellowship (Care Building/Rooms 4&5), 4907 Garrett Rd, Durham, NC 27707, USA

**7:00 PM ESPERANZA PARA HOY AFG**  
C TC S El Centro Hispano Suite 26A, Chapel Hill Rd, Durham, NC, USA

SAT **5:00 PM SERENITY FOR TODAY AFG**  
EN O MNO ONL Durham Alano Club (There is more parking in the rear of the building), 400 Crutchfield St Unit A, Durham, NC 27704, USA

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**Franklinton, NC**

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MON **6:30 PM HOW IMPORTANT IS IT AFG**  
EN O & Franklinton Baptist Church, 102 W Mason St, Franklinton, NC 27525, USA

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**Fuquay-Varina, NC**

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SUN **7:00 PM SOUTHERN WAKE AFG**  
EN O ONL First United Methodist Church, 402 N Main St, Fuquay-Varina, NC 27526, USA

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**Garner, NC**

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MON **8:00 PM LAKESIDE AFG**  
EN C & ONL Presbyterian Church of Garner, 503 Lakeside Dr, Garner, NC 27529, USA

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**Graham, NC**

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**7:00 PM NEW LIFE DISCUSSION AFG**  
EN C MNO ONL Historic Providence Christian Church (Entrance to church parking lot is by Cemetery - the gate will be closed in the evenings. We meet in the education building to the left of the breezeway in the first room on the left upon entry.), 819 N Main St, Graham, NC 27253, USA

THU **7:00 PM LEARNING TO LIVE AFG**  
EN C MNO ONL Historic Providence Christian Church (Entrance to church parking lot is by Cemetery - the gate will be closed in the evenings. We meet in the education building to the left of the breezeway in the first room on the left upon entry.), 819 N Main St, Graham, NC 27253, USA

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**Hillsboro, NC**

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MON **3:30 PM MOVING FORWARD LIVE AFG (MONDAY)**  
BE EN C & ONL Hillsmore Senior Center (Conference room main hallway), 103 Meadowlands Dr, Hillsborough, NC 27278, USA

THU **6:30 PM MOVING FORWARD LIVE AFG (THURSDAY)**  
BE EN C & ONL Hillsmore Senior Center (Conference room main hallway), 103 Meadowlands Dr, Hillsborough, NC 27278, USA

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**Holly Springs, NC**

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TUE **Noon HOLLY SPRINGS AFG.**  
EN O & ONL Holly Springs Methodist Church, 108 Avent Ferry Rd, Holly Springs, NC 27540, USA

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**Knightdale, NC**

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**7:00 PM KNIGHTDALE AFG**  
EN O ONL Crosspoint Community Church, 1001 Steeple Square Ct, Knightdale, NC 27545, USA

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**Pittsboro, NC**

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**Pittsboro, NC**

MON **7:00 PM** **PITTSBORO SERENITY SEEKERS AFG**  
EN O & Chatham Community Church, 480 Hillsboro St #800, Pittsboro, NC 27312, USA

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**Raleigh, NC**

SUN **6:30 PM** **ESPERENZA GFA (HOPE AFG)**  
C TC S Family Ministry Building (Meeting may start as early as 6:00. Look for the "Family Ministry" building. It is a tiny brick structure separate from the main church. It's located on the corner of S. Elm Street and E. Moore St, next to the train tracks and the Noah's Ark school buses), 203 E Moore St, Apex, NC 27502, USA

**7:00 PM** **EVENING MEDITATION GROUP AFG**  
O TC St. Francis of Assisi Church LaVerna Center (Turn right immediately after turning left off of Leesville Rd. La Verna Center is a log cabin next to a garden. Enter through the garage level door.), 11041 Leesville Rd, Raleigh, NC 27617, USA

MON **11:00 AM** **MUNFORD AFG**  
Unity Church of the Triangle (Room 213. Child friendly. Open meeting.), 5570 Munford Rd, Raleigh, NC 27612, USA

**8:00 PM** **MONDAY NIGHT HOW IT WORKS AFG**  
EN O ONL Hudson Memorial Presbyterian Church, 4921 Six Forks Rd, Raleigh, NC 27609, USA

**8:00 PM** **MONDAY NIGHT KIDS ALATEEN**  
Y XYZ Hudson Memorial Presbyterian Church, 4921 Six Forks Rd, Raleigh, NC 27609, USA

**8:00 PM** **SURVIVORS ALATEEN**  
Y EN XYZ Hudson Memorial Presbyterian Church, 4921 Six Forks Rd, Raleigh, NC 27609, USA

TUE **8:00 PM** **AFG AT WESTMINSTER**  
EN O & Westminster Presbyterian Church (Enter rear of church, go downstairs), 301 E Whitaker Mill Rd, Raleigh, NC 27608, USA

WED **10:30 AM** **WESTMINSTER BUTTERFLIES AFG**  
EN C MNO ON Hayes Barton Baptist Church, 1800 Glenwood Ave, Raleigh, NC 27608, USA

**6:30 PM** **CIRCLE OF HOPE AFG**  
EN C & ONL North Raleigh UMC, 8501 Honeycutt Rd, Raleigh, NC 27615, USA

**7:00 PM** **SPRING FOREST ROAD AFG**  
EN O & Camel Club, 4015 Spring Forest Rd, Raleigh, NC 27616, USA

**8:00 PM** **HAYES BARTON AFG**  
EN O MNO & ONL Wesley Memorial Presbyterian Church, 1704 Oberlin Rd, Raleigh, NC 27608, USA

THU **6:30 PM** **ALATEEN WAKE FOREST**  
Y EN XYZ Wake Forest United Methodist Church (Meeting held upstairs.), 905 S Main St, Wake Forest, NC 27587, USA

**6:30 PM** **KEEP IT SIMPLE AFG**  
EN O & Wake Forest United Methodist Church (Meeting held upstairs.), 905 S Main St, Wake Forest, NC 27587, USA

**8:00 PM** **12 & 12 AFG**  
EN O & ONL Grace Lutheran Church (use Back side entrance to Community Room), 5010 Six Forks Rd, Raleigh, NC 27609, USA

**8:00 PM** **HOPE AFG**  
EN C & Holland United Methodist Church (Looking at front of older end of church, enter first door to right.), 9433 Ten-Ten Rd, Raleigh, NC 27603, USA

FRI **10:30 AM** **FOCUS ON SERENITY AFG**  
EN C MNO & ONL Philip Lutheran Church, 7304 Falls of Neuse Rd, Raleigh, NC 27615, USA

**Noon** **TGIF AFG**  
EN C & ONL Church of the Good Shepherd, 125 Hillsborough St, Raleigh, NC 27603, USA

SAT **10:30 AM** **FREE SPIRIT AL-ANON AFG**  
EN C & ONL St George's Anglican Church, 1210 Dixie Trail, Raleigh, NC 27607, USA

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**Roxsboro, NC**

THU **7:00 PM** **ROXBORO AFG**  
EN C & Roxboro Presbyterian Church (Use Back side entrance to Community Room), 319 S Lamar St, Roxboro, NC 27573, USA

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**Star, NC**

MON **7:00 PM** **MI NUEVA FORMA DE VIVIR (ONLINE MEETING - SPANISH ONLY)**  
S ONL Star, NC 27356, USA (Meeting is currently held via ZOOM - updated 10/18/2020), Star, NC 27356, USA

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**Wake Forest, NC**

FRI **Noon** **LISTEN AND LEARN AFG**  
EN O MNO & ONL Cafeteria & Catering, 339 Brooks St, Wake Forest, NC 27587, USA

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**Warrenton, NC**

**8:00 PM** **WARRENTON AL-ANON FAMILY GROUP**  
EN O & Wesley Memorial United Methodist Church (Use side entrance.), 210 N Main St, Warrenton, NC 27589, USA

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**Youngsville, NC**

WED **Noon** **SEEKERS OF SERENITY AFG**  
EN O ONL Wake Forest Alano Club, 932 S Cross St, Youngsville, NC 27596, USA