



Open the meeting with a moment of silence, followed by the **Serenity Prayer**

God, grant me the serenity

To accept the things I cannot change

Courage to change the things I can

And wisdom to know the difference

- Read the ***Suggested Opening***
- Ask a member to read the ***Preamble to the Twelve Steps***
- Ask a member to read the ***Twelve Steps***
- Ask a member to read the ***Preamble to the Twelve Traditions***
- Ask a member to read the ***Twelve Traditions***
- Ask a member to read the ***Daily Reader*** e.g. CTC, ODAT, or Hope for Today

“Do we have any newcomers with us who have been to six meetings or less?”

If there are no newcomers, move on.

If there ARE newcomers, mention:

- It's recommended that newcomers try six ***different*** meetings before deciding if Al-Anon is right for them.
- There is a zoom meeting at 10 a.m. for beginners.

Saturday Morning Live Beginners AFG

<https://alanonlateen6nc.org/meetings/saturday-morning-live-beginners-afg/?tsml-day=6&tsml-time=morning>

password: Area42

“Do we have any visitors from other locations?”

“Let's now introduce ourselves by waving or unmuting and saying your name.

“Is there any Al-Anon business or are there Al-Anon announcements?”

 **Chairperson introduces the topic and opens the meeting for sharing.**

At 7:55pm read below statement:

In keeping with the 7th Tradition which states, “Every group ought to be fully self-supporting, declining outside contributions. Please contribute via Venmo.

- Ask is anyone is willing to lead next week's meeting
- Ask a member to read the ***Suggested Closing***