

Group Meeting List

Sunday

NC Raleigh, 4:00 PM, (EN,O,MNO,ONL) Safe-Haven AFG. Fairmont United Methodist. 2501 Clark Ave. Formerly named Craddock Al-Anon ACOA.

NC Burlington, 6:00 PM, (EN,C,MNO,ST,X,ONL) Burlington AFG. First Reformed United Church of Christ. 513 W Front St. Meeting held in parlor room on the 2nd floor. <https://us02web.zoom.us/j/511623245> Password: Area42+19292056099,511623245# US.

NC Fuquay-Varina, 7:00 PM, (EN,O,ONL) Southern Wake AFG. First United Methodist Church. 402 N Main St. Please enter through the breezeway door behind the sanctuary. **We request participants be Fragrance Free**. This is a hybrid meeting now. Masks required for in-person.

NC Raleigh, 7:00 PM, (O) Evening Meditation Group AFG. St. Francis of Assisi Church LaVerna Center. 11041 Leesville Rd. Turn right immediately after turning left off of Leesville Rd. La Verna Center is a log cabin next to a garden. Enter through the garage level door.

NC Durham, 8:00 PM, (AA,EN,O,ST,X,ONL) Step Study Al-Anon Group AFG. Duke Memorial United Methodist Church. 504 W Chapel Hill St. Speaker meetings are held if there is a 5th Sunday of the month. Details of the speaker meeting are sent out to the groups prior to the meeting. Nest Speaker Meeting will be held on Sunday October 30th 8 pm, All are welcome. Parking and entrance on Memorial St. between Duke and Gregson Streets. Entrance is under green awning, on ground floor. Meeting room is at end of hallway ("The Oak Room").

Monday

NC Durham, Noon, (EN,O,X) RTP Munch Bunch. Lowe's Grove Baptist Church. 4430 S Alston Ave. In-person-only. In brick building behind church.

NC Raleigh, Noon, (EN,ONL,TC) TGIF AFG. The Church of the Good Shepherd. 121 Hillsborough St. Mondays - 11:45am to 1:15pm (Monday meeting is from noon-1pm) Zoom Online only. **Monday meeting is online with Zoom ONLY**.

Monday (cont)

NC Hillsborough, 3:30 PM, (BE,EN,C,X) Better Way AFG. Passmore Senior Center. 103 Meadowlands Dr. **We will be meeting at the Passmore Senior Center, 103 Meadowland Rd, Hillsborough, in the Conference Room from 3:30pm - 4:30pm, every Monday, anyone 18yrs and older is welcome. **Please note: There are no meetings on federal holidays, as the building will be closed. Meet in main hallway conference room. We do not currently have online Zoom meetings, in-person only. Enter through the door near the SportsPlex. Go to the left past the information desk and it is the 3rd door on the left.

NC Franklinton, 6:30 PM, (EN,O,X) How Important Is It AFG. Franklinton Baptist Church. 102 W Mason St. Not using District Zoom meeting.

NC Chapel Hill, 6:30 PM, (C,PAR) NEW MEETING! Monday Parents with Changed Attitudes AFG. Southern Village. 105 Market St. In-Person 105 Market Street, Classrooms 3/5 Southern Village, Chapel Hill. The group will follow North Carolina and host facilities' public health guidelines. Questions, Call Ellen at 919-923-6003.

NC Carrboro, 7:00 PM, (O,ONL) NEW MEETING STARTING Oct 16, 2023 - Solutions AFG. Carrboro.

NC Clayton, 7:00 PM, (O,S,X,TC) Razon para Vivir (Lunes). 4057 US-70 BUS, Clayton, NC 27520, USA. 4057 US-70 BUS. Temporarily Inactive.

NC Burlington, 7:00 PM, (EN,C,MNO,ONL) New Life Discussion AFG. Shamrock Evangelical Methodist Church (EMC). 3519 Maple Ave. This meeting is on Zoom and in-person *****. **This meeting is held in person and also includes those attending via Zoom at the same time** The church is located approximately 2 miles past Sheetz on Maple Avenue heading toward Liberty. There is a blinking yellow traffic light at the intersection of Maple Avenue and Monroe Holt Road. Once you go through the light, you pass a house on the right with a white fence, and the church is the next building on the right. Our meeting room is down the left hallway.

NC Chapel Hill, 7:30 PM, (EN,C,ONL,TC) Progress not Perfection Step Study AFG. Friends Meeting House AFG. 531 Raleigh Rd. meeting ID 858 4037 6450 Password: Area42.

Monday (cont)

NC Raleigh, 7:30 PM, (C,S) Un Cambio de Vida AFG. Hudson Memorial Presbyterian Church. 4921 Six Forks Rd. Quién puede asistir: Familias y amigos. En Hudson Memorial (4921 Six Forks Rd, Raleigh, NC 27609). La reunión es en el lado norte del edificio, segundo piso. Pase por la sala grande, gire a la izquierda y la reunión será en la primera sala a la derecha. Puede acceder a estas reuniones a través de los escalones exteriores al segundo piso, o a través de la puerta del primer piso (con escaleras y ascensor de acceso al segundo piso). Quién puede asistir: Familias y amigos. En Hudson Memorial (4921 Six Forks Rd, Raleigh, NC 27609). La reunión es en el lado norte del edificio, segundo piso. Pase por la sala grande, gire a la izquierda y la reunión será en la primera sala a la derecha. Puede acceder a estas reuniones a través de los escalones exteriores al segundo piso, o a través de la puerta del primer piso (con escaleras y ascensor de acceso al segundo piso).

NC Raleigh, 7:30 PM, (S,ONL,TC) Mi Nueva Forma de Vivir (online meeting - Spanish only). Star. 1731 Trawick Rd. Online Zoom Meeting Familiares, amigos y observadores son bienvenidos. Meeting is currently held via ZOOM - updated 10/18/2020.

NC Cary, 8:00 PM, (AA,EN,O,MNO,X,ONL) Monday Night Serenity AFG. Greenwood Forest Baptist Church. 110 SE Maynard Rd. Discussion, Step Study held 3rd Monday. Enter on Lower level. Beginning Monday, April 12, 2021, the Monday Night Serenity Al-Anon Group will have BOTH in-person and Zoom meetings at 8:00 p.m. The in-person will be following all mandated Covid protocols. The in-person group is meeting at Greenwood Forest Baptist Church, 110 SE Maynard Rd, Cary, NC 27511.

NC Raleigh, 8:00 PM, (AL,EN,O) Monday Night How It Works AFG. Hudson Memorial Presbyterian Church. 4921 Six Forks Rd. As of this Monday, May 31, there will be no limits on the number of attendees to our Al-Anon, Alateen, and Kids meetings, all occurring at 8pm. **In-person ONLY** Masks are optional. Quién puede asistir: Familias y amigos. En Hudson Memorial (4921 Six Forks Rd, Raleigh, NC 27609). La reunión es en el lado norte del edificio, segundo piso. Pase por la sala grande, gire a la izquierda y la reunión será en la primera sala a la derecha. Puede acceder a estas reuniones a través de los escalones exteriores al segundo piso, o a través de la puerta del primer piso (con escaleras y ascensor de acceso al segundo piso).

Monday (cont)

NC Raleigh, 8:00 PM, (Y,EN,MNO,XYZ,ONL) Monday Night Kids Alateen. Hudson Memorial Presbyterian Church. 4921 Six Forks Rd. This meeting is for Kids and AMIAS only (Ages 7-12) The Monday Night Kids Alateen meeting at 8pm will now be Hybrid. It will be in person and on Zoom. For more information email the Alateen Coordinator - alateen@ncbermudaafg.org. Quién puede asistir: Familias y amigos. En Hudson Memorial (4921 Six Forks Rd, Raleigh, NC 27609). La reunión es en el lado norte del edificio, segundo piso. Pase por la sala grande, gire a la izquierda y la reunión será en la primera sala a la derecha. Puede acceder a estas reuniones a través de los escalones exteriores al segundo piso, o a través de la puerta del primer piso (con escaleras y ascensor de acceso al segundo piso).

NC Raleigh, 8:00 PM, (Y,EN,MNO,XYZ,ONL) Survivors Alateen. Hudson Memorial Presbyterian Church. 4921 Six Forks Rd. For (Ages 13-19) For more information email the Alateen Coordinator - alateen@ncbermudaafg.org **This meeting is now hybrid**. Quién puede asistir: Familias y amigos. En Hudson Memorial (4921 Six Forks Rd, Raleigh, NC 27609). La reunión es en el lado norte del edificio, segundo piso. Pase por la sala grande, gire a la izquierda y la reunión será en la primera sala a la derecha. Puede acceder a estas reuniones a través de los escalones exteriores al segundo piso, o a través de la puerta del primer piso (con escaleras y ascensor de acceso al segundo piso).

NC Garner, 8:00 PM, (EN,C,X,ONL) LakeSide AFG. Presbyterian Church of Garner. 503 Lakeside Dr.

Tuesday

NC Durham, Noon, (EN,C,ONL,TC) Discovering Choices AFG. First Presbyterian Church East Parlor. 305 E Main St. **This meeting is ONLINE ONLY**.

NC Durham, Noon, (EN,C,X) Downtown Durham Lunchtime AFG. First Presbyterian Church East Parlor. 305 E Main St. **This meeting is IN-PERSON ONLY** Currently masks are required.

NC Holly Springs, Noon, (EN,O,MNO,X,ONL) Holly Springs AFG.. Holly Springs Methodist Church. 108 Avent Ferry Rd.

NC Chapel Hill, 1:00 PM, (EN,O,MNO,X,ONL) Tuesday/Friday AFG. Binkley Baptist Church. 1712 Willow Dr. Now Meeting In-person and Online <https://us04web.zoom.us/j/440770071> Password=Area42.

Tuesday (cont)

unknown State unknown City, 6:30 PM, (EN,C,X,ONL,TC) Language of Hope AFG. Mt. Sylvan United Methodist Church. Parking lot. Beginning June 7, 2022, we plan to return to in-person meetings at Mt. Sylvan UMC as well as continue the Zoom meeting online at the same time.

NC Apex, 7:00 PM, (EN,C,X,ONL,TC) Easy Does It AFG. Apex United Methodist Church. 100 S Hughes St. **Currently Meeting Online Only** NEW ZOOM LINK** Fellowship Hall (between Hughes and Olive Streets).

NC Durham, 7:00 PM, (EN,C,MNO,X,ONL) Alexander Ave. AFG. Durham Friends Meeting. 404 Alexander Ave. Meeting held in the brick building nearest Alexander Ave. - the Historic Friends Meetinghouse. Meeting held in the brick building nearest Alexander Ave. - the Historic Friends Meetinghouse.

NC Raleigh, 7:00 PM, (EN,O,MNO,X,ONL) AFG Westminster. Hayes Barton Baptist Church. 1800 Glenwood Ave. Meeting directions: Turn onto Whitaker Mill Road. Beside the church look for the building called The Welcome Center. The meeting begins at 7:00p.m. And is located in room 106. This meeting is also in hybrid format. The receptionist is there if you need direction to room 106.

NC Burlington, 8:00 PM, (AA,AL,EN,C,X,ONL) Burlington AFG. First Reformed United Church of Christ. 513 W Front St. Meeting held in the parlor room on the 2nd floor.

NC Burlington, 8:00 PM, (Y,XYZ,ONL) Burlington Alateen AFG. First Reformed United Church of Christ. 513 W Front St. 3rd Floor - Top of the stairs and to the left. Contact our Alateen Coordinator for information on virtual meeting at alateen@ncbermudaafg.org.

NC Chapel Hill, 8:00 PM, (EN,C,X,ONL,TC) Chapel Hill/Carrboro AFG. Friends Meeting House AFG. 531 Raleigh Rd. **Note the time change to 8pm as of 2/1/22**.

Wednesday

NC Burlington, 10:00 AM, (BE,EN,C,X) We Care AFG. Alamance Lutheran Church. 4008 NC-62.

NC Raleigh, 10:30 AM, (EN,C,X) Morning Serenity, AFG. Hayes Barton Baptist Church. 1800 Glenwood Ave 2nd Floor. IN-PERSON ONLY.

NC Raleigh, 10:30 AM, (EN,C,ONL,TC) Westminster Butterflies AFG. Hayes Barton Baptist Church. 1800 Glenwood Ave. **This Meeting is Online Only**.

NC Chapel Hill, Noon, (EN,O,X,ONL) Lunch Bunch AFG. Chapel Hill. Chapel Hill. THIS MEETING IS ONLINE ONLY.

NC Raleigh, 1:30 PM, (EN,O,X) Serenity for Courage to Change AFG. Former Walgreens behind South Hills Mall; Across the street from Crazy Fire Mongolian Grill.. 1219 Buck Jones Rd. **In-Person Meeting ONLY**. **In-Person Meeting ONLY**.

Group Meeting List

Wednesday (cont)

NC Burlington, 3:00 PM, (EN,C,MNO,X) Hope In The Afternoon AFG. St. Mark's Community Church. 1230 St Marks Church Rd. We meet in person and include participation via phone. Please call between 2:55-3 pm. The conference call number is 425-436-6310 and use access code 460076#. Please park in Parking East on Garden Road across from the entrance to the church. Enter the church under the orange St Mark's sign near Mission Cafe. Our meeting is held in the Guilford room (2nd left) in the North Wing to the right past -the cafe. Please park in Parking East on Garden Road across from the entrance to the church. Enter the church under the orange St Mark's sign near Mission Cafe. Our meeting is held in the Guilford room (2nd left) in the North Wing to the right past -the cafe.

NC Raleigh, 6:30 PM, (EN,C,X) Circle of Hope AFG. North Raleigh UMC. 8501 Honeycutt Rd.

NC Clayton, 7:00 PM, (O,TC,S,X) Razon para Vivir (Miércoles). 4057 US-70 BUS, Clayton, NC 27520, USA. 4057 US-70 BUS. Temporarily closed due to pandemic. Temporarily Inactive.

NC Cary, 8:00 PM, (BE,EN,C,X,ONL) One Day At A Time AFG. Christ The King Lutheran Church. 600 Walnut St. Rotating Discussion and Step Study meetings. Starting May 12th our Wednesday, 8-9 pm, One Day at a Time meeting, will be going to hybrid meetings. The in person will resume at Christ the King church, 15 people limit, masks required.

NC Raleigh, 8:00 PM, (EN,O,X) Hayes Barton AFG. White Memorial Presbyterian Church. 1704 Oberlin Rd. Directions: The meeting is held in the downstairs / bottom level of the Calvin Building. Though the main church building is on Oberlin Road, the Calvin Building is located on McDonald Lane (one way) and is on your left when heading in the direction of traffic. Parking is available on McDonald Lane as well as in the parking lot near the corner of St. Mary's Street and Colonial Road. A detailed map is available in the link in the button below.

Thursday

NC Durham, Noon, (EN,C,X,ONL,TC) RTP Munch Bunch AFG. Lowe's Grove Baptist Church. 4430 S Alston Ave. In brick building behind church.

NC Durham, 6:30 PM, (EN,O) Just For Today AFG. Durham Alano Club. 400 Crutchfield St A. Discussion/Topic meeting. **In-person ONLY**. There is more parking in the rear of the building.

NC Hillsborough, 6:30 PM, (BE,EN,C,X) Moving Forward Live AFG (Thursday). Passmore Senior Center. 103 Meadowlands Dr. ***In-person Only***. Enter through the door near the SportsPlex. Go to the left past the information desk and it is the 3rd door on the left.

Thursday (cont)

NC Wake Forest, 6:30 PM, (Y,EN,XYZ,ONL,TC) Alateen Wake Forest. Wake Forest United Methodist Church. 905 S Main St. Special Notes: Kids and AMIAS only (Ages 8-19) This meeting will on Zoom only. For more information email the Alateen Coordinator - alateen@ncbermudaafg.org. MEETING ONLY ON ZOOM CURRENTLY.

NC Wake Forest, 6:30 PM, (EN,O,X,ONL) Keep It Simple AFG. Wake Forest United Methodist Church. 905 S Main St. MEETING ONLY ON ZOOM CURRENTLY.

NC Apex, 7:00 PM, (EN,O) Apex Live and Let Live AFG. Apex United Methodist Church. 100 S Hughes St.

NC Raleigh, 7:00 PM, (Y) Oasis Alateen Meeting. Camel Club 24 Fellowship. 4015 Spring Forest Rd. This is a new meeting, the first meeting will be on 2/9/2023. For more information, contact: alateen@ncbermudaafg.org.

NC Raleigh, 7:00 PM, (I) Oasis Family Recovery AFG. Camel Club 24 Fellowship. 4015 Spring Forest Rd. For More information Call Doug 919.630.8855 or Kathy P 919.798.7147.

NC Carrboro, 7:00 PM, (EN,O,MNO,X,ONL) Solutions AFG. Carrboro United Methodist Church. 200 Hillsborough Rd. Meeting held in the Little White House.

NC Chapel Hill, 7:00 PM, (EN,C,ONL,TC) Serenity At Seven AFG. Christ United Methodist Church. 101 Market St. Currently meeting online. Building 101 across the road from the church.

NC Clayton, 7:00 PM, (I) Johnston County AFG. Generations Church. 195 NC-42. In-person ONLY The meeting is held within the church to the right when entering the main entrance.

NC Burlington, 7:00 PM, (EN,C,ONL) Learning To Live AFG. Shamrock Evangelical Methodist Church (EMC). 3519 Maple Ave. This is a literature study group, except on last Thursday of the month is a speaker meeting. Please see chairperson for details. **This meeting is held in person and also includes those attending via Zoom at the same time** The church is located approximately 2 miles past Sheetz on Maple Avenue heading toward Liberty. There is a blinking yellow traffic light at the intersection of Maple Avenue and Monroe Holt Road. Once you go through the light, you pass a house on the right with a white fence, and the church is the next building on the right. Our meeting room is down the left hallway.

NC Cary, 7:30 PM, (EN,O,X,ONL,TC) Courage To Change AFG. Triangle Alano Club. 177 High House Rd. **Please note: This is a new Zoom link as of 4/21/2022. **In-person only at this time**.

Friday

NC Raleigh, 10:30 AM, (EN,C,ONL) Friday Focus on Serenity. Raleigh, NC. Raleigh. ONLINE ONLY.

Friday (cont)

NC Raleigh, 10:30 AM, (EN,C,X) Friday Morning Serenity. Saint Philip Lutheran Church. 7304 Falls of Neuse Rd. IN-PERSON ONLY We may meet in-person even if local schools close for inclement weather. The church allows meetings in inclement weather but all are responsible for our own choices/safety. Thank you!

NC Durham, Noon, (EN,C,X,ONL,TC) Discovering Choices AFG. First Presbyterian Church East Parlor. 305 E Main St.

NC Youngsville, Noon, (EN,O,LIT,ONL,TC) Listen and Learn AFG. Oak Level Church. 2279 Cedar Creek Rd. Literature discussion is the meeting format. We are reading the New Al-Anon "Book A Little Time for Myself" **ONLINE ONLY**.

NC Raleigh, Noon, (EN,C,X,ONL) TGIF AFG. The Church of the Good Shepherd. 121 Hillsborough St. We will begin meeting on Friday, November 5, at noon. We will need to be fully masked for the duration of our time in the building. We encourage only those who are fully vaccinated to attend in person meetings. The Church of the Good Shepherd, 121 Hillsborough Street, will be closed on the Friday after Thanksgiving, November 26 and on Christmas Eve, December 24. The meeting will be held via zoom only. **Monday meeting is online with Zoom ONLY**.

NC Chapel Hill, 1:00 PM, (EN,O,MNO,X,ONL) Tuesday/Friday AFG. Binkley Baptist Church. 1712 Willow Dr. Now Meeting In-person and Online Meet in The Lounge. <https://us04web.zoom.us/j/440770071>.

NC Durham, 6:30 PM, (EN,O,X,ONL) LGBT Triangle Recovery AFG. Eno River Unitarian Universalist Fellowship. 4907 Garrett Rd. For more information, including the password for this meeting, please email dhm.lgbt.triangle.recovery@ncbermudaafg.org You will need to copy/paste this email address into your email software client**Starting Friday, June 3rd 2022 this meeting will be a hybrid format**Masks are required for all attending in-person at the church. Care Building/Rooms 4&5.

NC Cary, 7:00 PM, (EN,O,ST,X) Courage Strength and Hope AFG. Cary Presbyterian Church. 614 Griffis St. ***This meeting will be open for meetings - IN PERSON ONLY - starting Friday 2/11 ***. ***This meeting will be open for meetings - IN PERSON ONLY - starting Friday 2/11 ***.

NC Durham, 7:00 PM, (C,TC,S) Esperanza Para Hoy AFG. El Centro Hispano Suite 26A. Chapel Hill Rd. Temporarily closed due to pandemic.

Saturday

NC Chapel Hill, 8:30 AM, (EN,C,X,ONL) Early Bird Meeting AFG. Binkley Baptist Church. 1712 Willow Dr. *** in person and online***.

Saturday (cont)

NC Raleigh, 9:30 AM, (EN,ONL) Courage To Change AFG. Former Walgreens behind South Hills Mall; Across the street from Crazy Fire Mongolian Grill.. 1219 Buck Jones Rd. In-Person meeting and Zoom meetings run simultaneously but separately. **In-Person Meeting ONLY**.

NC Chapel Hill, 10:00 AM, (BE,EN,O,ONL,TC) Saturday Morning Live Beginners AFG (ONLINE ONLY). Binkley Baptist Church. 1712 Willow Dr. **Currently Meeting ONLINE ONLY**.

NC Chapel Hill, 10:30 AM, (C,TC,S) Grupo Serenidad de Al-Anon. Iglesia Unida de Cristo de Chapel Hill. 1321 M.L.K. Jr Blvd. Temporarily closed due to pandemic.

NC Raleigh, 10:30 AM, (EN,C,MNO,X,ONL) Free Spirit Al-Anon AFG. St George's Anglican Church. 1210 Dixie Trail. Meeting in-person and online. Parking and entrance is in the back of the church.

NC Chapel Hill, 11:00 AM, (EN,MNO,ONL) Saturday Morning Live AFG. Binkley Baptist Church. 1712 Willow Dr. Speaker meetings on the 3rd Saturday of the month, and every other month are open to all. This is a meeting for people who are affected by the disease of alcoholism in a relative or friend. Professionals, those researching 12-step programs, and others are invited to join our speaker meetings, on the third Saturday of every other month beginning in January. Meetings are hybrid and the church recommends masking.

NC Apex, 11:00 AM, (C,S) Esperanza GFA (Hope AFG). Family Ministry Building. 203 E Moore St. Meeting may start as early as 6:00. Look for the "Family Ministry" building. It is a tiny brick structure separate from the main church. It's located on the corner of S. Elm Street and E. Moore St, next to the train tracks and the Noah's Ark school buses.

NC Roxboro, 11:00 AM, (EN,C,X) Roxboro AFG. Roxboro Presbyterian Church. 319 S Lamar St. No Zoom meeting. Use Back side entrance to Community Room.

NC Durham, 5:00 PM, (Y,EN,X,ONL) North Durham Alateen. Durham ALANO Club. 400 Crutchfield St. Age range 8-19**IN PERSON ONLY FOR NOW**Contact: alateen@ncbermudaafg.org or (919) 619-7314.

NC Durham, 5:00 PM, (EN,O,ONL) Serenity for Today AFG. Durham Alano Club. 400 Crutchfield St A. Topic Discussion meeting except for the second Saturday of the month which is a Speaker Meeting. This group also celebrates Alanon Birthday's on the 4th Saturday of the month so if you have a birthday please come and celebrate with us. There is more parking in the rear of the building.

Meeting Symbols - What do they Mean?

The codes are as follows: (O) Open, (C) Closed, (SP) Speaker, (D) Discussion, (ST) 12 Step Study, (LIT) Literature Study, (SM) Smoking, (X) Wheelchair Access

Al-Anon
MEETING LIST
April 2019

