

## DOES SOMEONE ELSE'S DRINKING BOTHER YOU?

- Do you constantly seek approval and affirmation?
- Do you fail to recognize your accomplishments?
- Do you fear criticism?
- Do you overextend yourself?
- Have you had problems with your own compulsive behavior?
- Do you have a need for perfection?
- Are you uneasy when your life is going smoothly, continually anticipating problems?
- Do you feel more alive in the midst of a crisis?
- Do you still feel responsible for others, as you did for the problem drinker in your life?
- Do you care for others easily, yet find it difficult to care for yourself?
- Do you isolate yourself from other people?
- Do you respond with fear to authority figures and angry people?

## Greenville/Winterville Al-Anon Family Group Gratitude Dinner

Saturday, October 5th, 2024

1:30 pm to 4:30 pm

Covenant Church

1396 Firetower Rd, Rm B102

Winterville, NC 28590

Speakers from AA, Al-Anon, Alateen  
share their experience, strength &  
hope about this Family Disease

Homemade Chili & Beverages are provided  
Raffles and Auction  
Great Fellowship

1:30 pm-2:00 pm Meet & Greet

2:30 pm Food & Speakers Begin

Bring a Side or Dessert to Share



## AL-ANON IS FOR YOU!

- Do you feel that individuals and society in general are taking advantage of you?
- Do you have trouble with intimate relationships?
- Do you confuse pity with love, as you did with the problem drinker?
- Do you attract and/or seek people who tend to be compulsive and/or abusive?
- Do you cling to relations because you are afraid of being alone?
- Do you often mistrust your own feelings and the feelings expressed by others?
- Do you find it difficult to identify and express your emotions?
- Do you think someone's drinking may have affected you?

1-888-4AL-Anon  
For Event Info: 252-341-0492  
or 203-895-4426

