Al-Anon District 6 Meeting List

October 17, 2026

Meeting Symbols – What do they Mean?

The codes are as follows: (O) Open, (C) Closed, (SP) Speaker, (D) Discussion, (ST) 12 Step Study, (LIT) Literature Study, (SM) Smoking, (X) Wheelchair Access

Please check the website for the most up-to-date-info: https://alanonalateen6nc.org/

Sunday

4:00 PM	**NC Raleigh**, 4:00 PM, (O,MNO,X,EN,ONL) Safe-Haven AFG (503392). West Raleigh Presbyterian. 27 Horne St. West Raleigh PresbyterianPark in lot accessible from Vanderbilt Ave, (2505 Vanderbilt Ave) Enter side door off Vanderbilt (under small portico/awning) Take left to go into the elevator. 3rd floor, take left, end of hallway “3rd floor conference room”.
6:00 PM	**NC Burlington**, 6:00 PM, (C,MNO,ST,X,EN,ONL) The Right Place (24665). First Reformed United Church of Christ. 513 W Front St. Meeting held in parlor room on the 2nd floorhttps://us02web.zoom.us/j/511623245Password: Area42+19292056099,,511623245# US.
7:00 PM	**NC Fuquay-Varina**, 7:00 PM, (EN,O,ONL) Southern Wake AFG (54491). First United Methodist Church. 402 N Main St. Please enter through the breezeway door behind the sanctuary.**We request participants be Fragrance Free**. This is a hybrid meeting now.

Group Meeting List

Sunday (cont)

7:00 PM	**NC Raleigh**, 7:00 PM, (O) Evening Meditation Group AFG (30674166). St. Francis of Assisi. 11041 Leesville Rd. ***THE CHURCH WILL BE CLOSED FOR EASTER SUNDAY. APRIL 5th, THIS MEETING WILL BE CANCELLED FOR THIS WEEK ONLY ***We will be meeting in the church at St. Francis of Assisi in room 405. Park in main Church Parking lot and take stairs on left up to pathway leading to main Church doors. Enter and follow hallway on the left to room 405. We will no longer be in the Laverna center log cabin.Please Note: If you use Google Maps GPS, be careful and note that it may wrongly direct you to Sycamore Creek Elementary School which is just slightly to the east of the St Francis Church campus where the meeting is actually held.Please note: If there is a Wake County weather emergency and facilities are closed down on that day our meeting would be canceled as well. Please Note: If you use Google Maps GPS, be careful and note that it may wrongly direct you to Sycamore Creek Elementary School which is just slightly to the east of the St Francis Church campus where the meeting is actually held.
8:00 PM	**NC Durham**, 8:00 PM, (Y,EN,XYZ,X) North Durham Alateen (30596069). Duke Memorial United Methodist Church. 504 W Chapel Hill St. Age range 9-20. Parking and entrance on Memorial St. between Duke and Gregson Streets. Entrance is under green awning, on ground floor. Meeting room is near the end of the hallway on the left - G09 “The Copper Room”.
	NC Durham, 8:00 PM, (AA,EN,O,ST,X,ONL) Step Study Al-Anon Group AFG (10517). Duke Memorial United Methodist Church. 504 W Chapel Hill St. Speaker meetings are held if there is a 5th Sunday of the month. Details of the speaker meeting are sent out to the groups prior to the meeting. Parking and entrance on Memorial St. between Duke and Gregson Streets. Entrance is under green awning, on ground floor. Meeting room is near the end of the hallway on the left - G09 “The Copper Room”.

Monday

Noon	**NC Raleigh**, Noon, (EN,ONL) TGIM AFG (30844474). Electronic Only. Raleigh. Mondays - 11:45am to 1:15pm (Monday meeting is from noon-1pm) Zoom Online only.
	NC Durham, Noon, (EN,O,X) RTP Munch Bunch (62811). Lowe's Grove Baptist Church. 4430 S Alston Ave. In-person-only. In brick building behind church.
3:30 PM	**NC Hillsborough**, 3:30 PM, (BE,EN,C,X) Better Way AFG (30769629). Passmore Senior Center. 103 Meadowlands Dr. **We will be meeting at the Passmore Senior Center, 103 Meadowland Rd, Hillsborough, in the Conference Room from 3:30pm - 4:30pm, every Monday , anyone 18yrs and older is welcome.**Please note: There are no meetings on federal holidays, as the building will be closed.Meet in main hallway conference room.We do not currently have online Zoom meetings, in-person only. Enter through the door near the SportsPlex. Go to the left past the information desk and it is the 3rd door on the left.
6:30 PM	**NC Chapel Hill**, 6:30 PM, (C,PAR) Monday Parents with Changed Attitudes AFG (30787880). Southern Village. 105 Market St. In-Person105 Market Street, Classrooms 3/5 Southern Village, Chapel HillThe group will follow North Carolina and host facilities' public health guidelines. Questions, Call Ellen at 919-923-6003.
7:00 PM	**NC Burlington**, 7:00 PM, (EN,C,MNO,ONL) New Life Discussion AFG (10455). Compass Community Church. 3519 Maple Ave. This group meets in person with an electronic component. IN PERSON: Park and enter from the back of the church. Meeting is held in the fellowship hall to the right of the foyer.Please take note: Shamrock Evangelical Methodist Church, is now Compass Community Church.

Monday (cont)

7:00 PM	**NC Cary**, 7:00 PM, (O,X,EN) Monday Night Serenity AFG (42801). White Plains United Methodist Church. 313 SE Maynard Rd. This meeting is in-person only. Discussion, Step Study held 3rd Monday. Enter on Lower level.*****Starting July 6th this meeting time will change to 7PM– 8PM.*****.
7:30 PM	**NC Raleigh**, 7:30 PM, (S,ONL) Mi Nueva Forma de Vivir (online meeting - Spanish only) (30699103). Electronic Only. Raleigh. Online Zoom Meeting Familiares, amigos y observadores son bienvenidos.
	NC Chapel Hill, 7:30 PM, (EN,C,ONL) Progress not Perfection Step Study AFG (64195). Electronic Only. Chapel Hill. meeting ID 858 4037 6450Passcode: Area42.
	NC Raleigh, 7:30 PM, (C,S) Un Cambio de Vida AFG (30819453). Hudson Memorial Presbyterian Church. 4921 Six Forks Rd. Quién puede asistir: Familias y amigos.En Hudson Memorial (4921 Six Forks Rd, Raleigh, NC 27609). La reunión es en el lado norte del edificio, segundo piso. Pase por la sala grande, gire a la izquierda y la reunión será en la primera sala a la derecha. Puede acceder a estas reuniones a través de los escalones exteriores al segundo piso, o a través de la puerta del primer piso (con escaleras y ascensor de acceso al segundo piso). Quién puede asistir: Familias y amigos.En Hudson Memorial (4921 Six Forks Rd, Raleigh, NC 27609). La reunión es en el lado norte del edificio, segundo piso. Pase por la sala grande, gire a la izquierda y la reunión será en la primera sala a la derecha. Puede acceder a estas reuniones a través de los escalones exteriores al segundo piso, o a través de la puerta del primer piso (con escaleras y ascensor de acceso al segundo piso).
8:00 PM	**NC Cary**, 8:00 PM, (O,ONL) Hope Is Here (30842219). Electronic Only. Cary. This meeting in ONLINE ONLY, there is no in-person meeting at this time.
	NC Raleigh, 8:00 PM, (AL,EN,O) Monday Night How It Works AFG (61995). Hudson Memorial Presbyterian Church. 4921 Six Forks Rd. As of this Monday, May 31, there will be no limits on the number of attendees to our Al-Anon, Alateen, and Kids meetings, all occurring at 8pm.**In-person ONLY**Masks are optional. Quién puede asistir: Familias y amigos.En Hudson Memorial (4921 Six Forks Rd, Raleigh, NC 27609). La reunión es en el lado norte del edificio, segundo piso. Pase por la sala grande, gire a la izquierda y la reunión será en la primera sala a la derecha. Puede acceder a estas reuniones a través de los escalones exteriores al segundo piso, o a través de la puerta del primer piso (con escaleras y ascensor de acceso al segundo piso).
	NC Raleigh, 8:00 PM, (Y,EN,MNO,XYZ,ONL) Monday Night Kids Alateen (501204). Hudson Memorial Presbyterian Church. 4921 Six Forks Rd. This meeting is for Kids and AMIAS only(Ages 7-12)The Monday Night Kids Alateen meeting at 8pm will now be Hybrid. It will be in person and on Zoom.For more information email the Alateen Coordinator - alateen@ncbermudaafg.org. Quién puede asistir: Familias y amigos.En Hudson Memorial (4921 Six Forks Rd, Raleigh, NC 27609). La reunión es en el lado norte del edificio, segundo piso. Pase por la sala grande, gire a la izquierda y la reunión será en la primera sala a la derecha. Puede acceder a estas reuniones a través de los escalones exteriores al segundo piso, o a través de la puerta del primer piso (con escaleras y ascensor de acceso al segundo piso).

Group Meeting List

Monday (cont)

8:00 PM — **NC Raleigh**, 8:00 PM, (Y,XYZ,EN,ONL) Survivors Alateen (66326). Hudson Memorial Presbyterian Church. 4921 Six Forks Rd. For (Ages 13-19)For more information email the Alateen Coordinator - alateen@ncbermudaafg.org**This meeting is in-person only**. Quién puede asistir: Familias y amigos.En Hudson Memorial (4921 Six Forks Rd, Raleigh, NC 27609). La reunión es en el lado norte del edificio, segundo piso. Pase por la sala grande, gire a la izquierda y la reunión será en la primera sala a la derecha. Puede acceder a estas reuniones a través de los escalones exteriores al segundo piso, o a través de la puerta del primer piso (con escaleras y ascensor de acceso al segundo piso).

NC Garner, 8:00 PM, (EN,C,X,ONL) LakeSide AFG (10539). Presbyterian Church of Garner. 503 Lakeside Dr.

Tuesday

Noon — **unknown State unknown City**, Noon, (C,EN,ONL) Discovering Choices AFG (30535842). Electronic Only. North Carolina. **This meeting is ONLINE ONLY**.

NC Durham, Noon, (EN,C,X) Downtown Durham Lunchtime AFG (30810952). First Presbyterian Church East Parlor. 305 E Main St. The meeting is a literature study of "Opening our Hearts, Transforming our Losses.**This meeting is IN-PERSON ONLY**. Enter the church from the rear parking lot, which is accessed from Liberty St across from the Durham County library. Press the call button and say you are here for Al-Anon, and the door will be unlocked.

1:00 PM — **NC Chapel Hill**, 1:00 PM, (EN,O,MNO,X,ONL) Tuesday/Friday Serenity AFG (50339). Binkley Baptist Church. 1712 Willow Dr. Now Meeting In-person and Onlinehttps://us04web.zoom.us/j/440770071.

6:30 PM — **unknown State unknown City**, 6:30 PM, (EN,C,MNO,X,ONL) Language of Hope AFG (30591392). Mt. Sylvan United Methodist Church. Parking lot.

7:00 PM — **NC Durham**, 7:00 PM, (EN,C,MNO,X,ONL) Alexander Ave. AFG (10512). Durham Friends Meeting. 404 Alexander Ave. Meeting held in the brick building nearest Alexander Ave. - the Historic Friends Meetinghouse. Meeting held in the brick building nearest Alexander Ave. - the Historic Friends Meetinghouse.

NC Apex, 7:00 PM, (EN,C,X,ONL) Easy Does It AFG (503710). Electronic Only. Apex. **Currently Meeting Online Only*****NEW ZOOM LINK***Fellowship Hall (between Hughes and Olive Streets).

NC Burlington, 7:00 PM, (Y,XYZ) One Day at a Time Alateen (30727113). First Reformed United Church of Christ. 513 W Front St. 3rd Floor - Top of the stairs and to the left.Contact our Alateen Coordinator for information at alateen@ncbermudaafg.org.

NC Burlington, 7:00 PM, (AA,AL,C,X,EN,ONL) The Right Place AFG (24665). First Reformed United Church of Christ. 513 W Front St. Meeting held in the parlor room on the 2nd floor.

NC Clayton, 7:00 PM, (BE,PAR) Johnston Co. AFG Beginners' Meeting (30850408). Generations Church. 510 W Main St.

NC Raleigh, 7:00 PM, (EN,O,MNO,X,ONL) AFG Westminster (10646). Hayes Barton Baptist Church. 1800 Glenwood Ave. Meeting directions: Turn onto Whitaker Mill Road. Beside the church look for the building called The Welcome Center. The meeting begins at 7:00p.m. And is located in room 106. This meeting is also in hybrid format.The receptionist is there if you need direction to room 106.

NC Oxford, 7:00 PM, () Let it Begin with Me AFG (30846698). Oxford United Methodist Church. 105 E McClanahan St. Use entrance on breezeway on McClanahan St side of church. Look for signs.

Wednesday

10:00 AM — **NC Burlington**, 10:00 AM, (BE,EN,C,X) We Care AFG (10456). Alamance Lutheran Church. 4008 NC-62.

Wednesday (cont)

10:30 AM — **unknown State unknown City**, 10:30 AM, (C,X,EN) Morning Serenity AFG (30820353). Hayes Barton Baptist Church. 1800 Glenwood Ave 2nd floor. This meeting is meeting in-person on New Years DayIN-PERSON ONLY. Weather PolicyWe suggest you look to WRAL news for any updated information on Hayes Barton Baptist church closures due to bad weather.

NC Raleigh, 10:30 AM, (EN,C,TC,ONL) Westminster Butterflies AFG (10647). Hayes Barton Baptist Church. 1800 Glenwood Ave. **This Meeting is Online Only**.

Noon — **NC Chapel Hill**, Noon, (EN,O,X,ONL) Lunch Bunch AFG (65988). Electronic Only. Chapel Hill. THIS MEETING IS ONLINE ONLY.

1:30 PM — **NC Raleigh**, 1:30 PM, (EN,O,X) Courage to Change AFG (66062). Triangle Alano Club. 1219 Buck Jones Rd. **In-Person Meeting ONLY**. **In-Person Meeting ONLY**Former Walgreens behind South Hills Mall; Across the street from Crazy Fire Mongolian Grill.

3:00 PM — **NC Burlington**, 3:00 PM, (EN,C,MNO,X) Hope In The Afternoon AFG (30656766). St. Mark's Community Church. 1230 St Marks Church Rd. We meet in person and include participation via phone.Please call between 2:55-3 pm. The conference call number is 425-436-6310 and use access code 460076#.Please park in Parking East on Garden Road across from the entrance to the church. Enter the church under the orange St Mark's sign near Mission Cafe. Our meeting is held in the Guilford room (2nd left) in the North Wing to the right past -the cafe. Please park in Parking East on Garden Road across from the entrance to the church. Enter the church under the orange St Mark's sign near Mission Cafe. Our meeting is held in the Guilford room (2nd left) in the North Wing to the right past -the cafe.

6:30 PM — **NC Raleigh**, 6:30 PM, (C,X,EN) Circle of Hope AFG (30515890). North Raleigh UMC. 8501 Honeycutt Rd. Follow the church office signs around the church, and then take the stairs down towards the church office door.

7:30 PM — **NC Raleigh**, 7:30 PM, (O,X,EN) Hayes Barton AFG (10639). White Memorial Presbyterian Church. 1704 Oberlin Rd. Directions: The meeting is held in the downstairs/bottom level of the Calvin Building. Though the main church building is on Oberlin Road, the Calvin Building is located on McDonald Lane (one way) and is on your left when heading in the direction of traffic. Parking is available on McDonald Lane as well as in the parking lot near the corner of St. Mary Street and Colonial Road. You can access the campus map here https://www.whitememorial.org/campus-map/ (copy/paste this link into your bowser).

NC Zebulon, 7:30 PM, (BE,O,X,S) Una Razon para Vivir GFA (30866120). Zebulon Lodge. 111 E Horton St. In-person only.

8:00 PM — **NC Cary**, 8:00 PM, (BE,C,MNO,X,EN,ONL) One Day At A Time AFG (10466). Christ The King Lutheran Church. 600 Walnut St. Rotating Discussion and Step Study meetings. Group meets in person with an electronic component. We meet in the West Fellowship Hall. From the main parking lot on the hill facing the building, you will see the church office sign on the building. Go straight, and enter the church. Go left to the Luther cafe. Fellowship hall on the right. Everything needed for the meeting is the plastic bin labeled Al-Anon that is in the metal cabinet in the room.

Thursday

Noon — **NC Durham**, Noon, (C,X,EN,ONL) Munch Bunch online AFG (30864097). Electronic Only. Durham.

6:30 PM — **NC Durham**, 6:30 PM, (EN,O) Just For Today AFG (30713295). Durham Alano Club. 400 Crutchfield St A. Discussion/Topic meeting.**In-person ONLY**. There is more parking in the rear of the building.

NC Wake Forest, 6:30 PM, (O,X,EN,ONL) Keep It Simple AFG (30526339). Wake Forest United Methodist Church. 905 S Main St. In-person: Please use front door. Look for signs. Please use front door. Look for signs.

Thursday (cont)

7:00 PM — **NC Apex**, 7:00 PM, (EN,O) Apex Live and Let Live AFG (30793695). Apex United Methodist Church, Discipleship Center, Room 402. 100 S Hughes St. We are meeting in the Discipleship Center Room 402. This room is on the 2nd floor and accessible by elevator.

NC Raleigh, 7:00 PM, (Y) Oasis Alateen Meeting (30802822). Camel Club 24 Fellowship. 4015 Spring Forest Rd. For more information, contact:alateen@ncbermudaafg.org.

NC Raleigh, 7:00 PM, () Oasis Family Recovery AFG (30794889). Camel Club 24 Fellowship. 4015 Spring Forest Rd. For More informationCall Doug 919.630.8855 or Kathy P 919.798.7147.

NC Burlington, 7:00 PM, (C,EN,ONL) Learning To Live AFG (30624074). Compass Community Church. 3519 Maple Ave. This is a literature study group, except on last Thursday of the month is a speaker meeting. Please see chairperson for details.Please take note: Shamrock Evangelical Methodist Church, is now Compass Community Church. IN PERSON: Park and enter from the back of the church. Meeting is held in the fellowship hall to the right of the foyer.Please take note: Shamrock Evangelical Methodist Church, is now Compass Community Church.

NC Clayton, 7:00 PM, () Johnston County AFG (30799570). Generations Church. 510 W Main St #100. In-person ONLY The meeting is held within the church to the right when entering the main entrance*****We will not be meeting on Christmas Day, December 25, 2025*****. *****We will not be meeting on Christmas Day, December 25, 2025*****.

NC Cary, 7:00 PM, (O,EN) We Get Better Together (30842789) formerly Cary Thursday 7pm AFG. Macedonia United Methodist Church. 2700 Jones Franklin Rd. Please note:The July 17 meeting of this grouphas been cancelled due to the meeting site not being available.Normal meetings will resume July 24.

NC Chapel Hill, 7:00 PM, (EN,MNO,ONL) Solutions AFG - Thursday Night Hybrid (30725338). Orange United Methodist Church - Log Cabin. 1220 M.L.K. Jr Blvd. Welcome Family, Friends and ObserversNote: THE ZOOM LINK BELOW IS THE MEETING FORMAT click on the docs.google.com and the doc will open.zoom id: 752 317 198pw: Area42. Meeting is held in the Log Cabin to the left of the church Sanctuary.

NC Raleigh, 7:00 PM, (O,S) Senderos de Recuperacion GFA (30849528). San Rafael Arcangel Catholic Church. 5801 Falls of Neuse Rd. This meeting meets on Tuesdays and Thursdays at 7:00 p.m.

7:30 PM — **NC Durham**, 7:30 PM, (O,ONL) Thursday Serenity for Courage to Change AFG (30861176). Electronic Only. Durham. Online OnlyPassword: Area42.

Friday

10:30 AM — **NC Raleigh**, 10:30 AM, (EN,C,X) Friday Morning Serenity (30819054). Saint Philip Lutheran Church. 7304 Falls of Neuse Rd. IN-PERSON ONLYWe may meet in-person even if local schools close for inclement weather. The church allows meetings in inclement weather but all are responsible for our own choices/safety.Thank you!.

Noon — **unknown State unknown City**, Noon, (C,X,EN,ONL) Discovering Choices AFG (30535842). Electronic Only. North Carolina. **This meeting is ONLINE ONLY**.

NC Raleigh, Noon, (EN,C,X,ONL) TGIF AFG (30521021). The Church of the Good Shepherd. 121 Hillsborough St. If coming in person, come to the front door in the parking loop on Hillsborough Street. Do not ring the intercom bell. Instead, knock on the window of the room next to the door. Someone will let you in. **Monday meeting is online with Zoom ONLY**.

1:00 PM — **NC Chapel Hill**, 1:00 PM, (EN,O,MNO,X,ONL) Tuesday/Friday AFG (50339). Binkley Baptist Church. 1712 Willow Dr. Now Meeting In-person and OnlineMeet in The Lounge.https://us04web.zoom.us/j/440770071.

Group Meeting List

Al-Anon
MEETING LIST
October 17, 2026

Friday (cont)	
7:00 PM	**NC Cary**, 7:00 PM, (O,ST,X,EN) Courage Strength and Hope AFG (30683822). Cary Presbyterian Church. 614 Griffis St. IN PERSON ONLYPlease Note: You must drive around the back of the church and enter through the back door. Enter through Front door.Please Note: You must drive around the back of the church and enter through the back door.
	NC Cary, 7:00 PM, (Y,XYZ) Courage Strength and Hope for Alateens (30835135). Cary Presbyterian Church. 614 Griffis St. Contact Alateen@ncbermudaafg.org for questions.Please Note: You must drive around the back of the church and enter through the back door. Enter through Front door.Please Note: You must drive around the back of the church and enter through the back door.
Saturday	
8:30 AM	**NC Chapel Hill**, 8:30 AM, (EN,C,X,ONL) Early Bird Meeting AFG (30617720). Binkley Baptist Church. 1712 Willow Dr.
9:30 AM	**NC Durham**, 9:30 AM, (EN,O,ONL) Serenity fo Courage To Change AFG (30537160). Electronic Only. Durham. Online OnlyPassword: Area42.
	NC Raleigh, 9:30 AM, (BE,O) Courage to Change AFG (66062) New Location Starting 10/19/2026. Swift Creek Shopping Center. 2825 Jones Franklin Rd. Starting October 19, 2026 we will be meeting in a new location in the Swift Creek Shopping Center.Copy this link into your browser to see our flyer – https://alanonalateen6nc.org/wp-content/uploads/2026/10/CTC-MOVING-FLYER-V1.pdf.
9:45 AM	**NC Chapel Hill**, 9:45 AM, (BE,O,X,EN) Beginners' Meeting Early Bird AFG In-Person (30617720). Binkley Baptist Church. 1712 Willow Dr.
10:30 AM	**NC Raleigh**, 10:30 AM, (EN,C,MNO,X,ONL) Free Spirit Al-Anon AFG (26613). Hayes Barton Baptist Church. 1800 Glenwood Ave. **Meeting ID: 870 9089 7704****Meeting in-person and online.**Drive to the back of the church, passing by the playground, to find the meeting room.
11:00 AM	**NC Chapel Hill**, 11:00 AM, (EN,MNO,X,ONL) Saturday Morning Live AFG (50457). Binkley Baptist Church. 1712 Willow Dr. This is a Families, Friends, and Observers Welcome meeting; we welcome visitors seeking information about Al?Anon, as well as newcomers and members of the Al?Anon program. All are welcome and invited to come to our speaker meetings, the third Saturday of every other month: January, March, May, July, September and November.
	NC Apex, 11:00 AM, (C,S) Esperanza GFA - Hope AFG (30594193). Family Ministry Building. 203 E Moore St. Meeting may start as early as 6:00. Look for the “Family Ministry” building. It is a tiny brick structure separate from the main church. It’s located on the corner of S. Elm Street and E. Moore St, next to the train tracks and the Noah’s Ark school buses.
5:00 PM	**NC Durham**, 5:00 PM, (C,X,EN) Serenity on Saturdays AFG (30871882). Aldersgate United Methodist Church. 1320 Umstead Rd. Newcomers are welcome. Come in the entrance that has the address numbers and the handicap entrance sign that faces Umstead Road. Once you get inside, turn right and you’ll see the meeting room on the left.

Meeting Symbols – What do they Mean?

The codes are as follows: (O) Open, (C) Closed, (SP) Speaker, (D) Discussion, (ST) 12 Step Study, (LIT) Literature Study, (SM) Smoking, (X) Wheelchair Access