

Al-Anon District 6 Meeting List

Dec 2023



Meeting Symbols – What do they Mean?

The codes are as follows: (O) Open, (C) Closed, (SP) Speaker, (D) Discussion, (ST) 12 Step Study, (LIT) Literature Study, (SM) Smoking, (X) Wheelchair Access

Sunday	
4:00 PM	NC Raleigh , 4:00 PM, (EN,O,MNO,ONL) Safe-Haven AFG. Fairmont United Methodist. 2501 Clark Ave. This location is NOT Handicap Accessible. There are stairs to access. This location is NOT Handicap Accessible. There are stairs to access.
6:00 PM	NC Burlington , 6:00 PM, (EN,C,MNO,ST,X,ONL) Burlington AFG. First Reformed United Church of Christ. 513 W Front St. Meeting held in parlor room on the 2nd floor https://us02web.zoom.us/j/511623245 Password: Area42+19292056099,,511623245# US.
7:00 PM	NC Fuquay-Varina , 7:00 PM, (EN,O,ONL) Southern Wake AFG. First United Methodist Church. 402 N Main St. Please enter through the breezeway door behind the sanctuary. **We request participants be Fragrance Free**. This is a hybrid meeting now. Masks required for in-person.
	NC Raleigh , 7:00 PM, (O) Evening Meditation Group AFG. St. Francis of Assisi Church LaVerna Center. 11041 Leesville Rd. Turn right immediately after turning left off of Leesville Rd. La Verna Center is a log cabin next to a garden. Enter through the garage level door.
8:00 PM	NC Durham , 8:00 PM, (Y,EN,XYZ,X) North Durham Alateen. Duke Memorial United Methodist Church. 504 W Chapel Hill St. Age range 9-20. Parking and entrance on Memorial St. between Duke and Gregson Streets. Entrance is under green awning, on ground floor. Meeting room is near the end of the hallway on the left - G09 "The Copper Room".

Group Meeting List

Sunday (cont)	
8:00 PM	NC Durham , 8:00 PM, (AA,EN,O,ST,X,ONL) Step Study Al-Anon Group AFG. Duke Memorial United Methodist Church. 504 W Chapel Hill St. Speaker meetings are held if there is a 5th Sunday of the month. Details of the speaker meeting are sent out to the groups prior to the meeting. Parking and entrance on Memorial St. between Duke and Gregson Streets. Entrance is under green awning, on ground floor. Meeting room is near the end of the hallway on the left - G09 "The Copper Room".
Monday	
Noon	NC Durham , Noon, (EN,O,X) RTP Munch Bunch. Lowe's Grove Baptist Church. 4430 S Alston Ave. In-person-only. In brick building behind church. NC 27603 Raleigh , Noon, (EN,ONL) TGIF AFG. Online - Raleigh. Raleigh. Mondays - 11:45am to 1:15pm (Monday meeting is from noon-1pm) Zoom Online only. **Monday meeting is online with Zoom ONLY**.
3:30 PM	NC Hillsborough , 3:30 PM, (BE,EN,C,X) Better Way AFG. Passmore Senior Center. 103 Meadowlands Dr. **We will be meeting at the Passmore Senior Center, 103 Meadowland Rd, Hillsborough, in the Conference Room from 3:30pm - 4:30pm, every Monday , anyone 18yrs and older is welcome.**Please note: There are no meetings on federal holidays, as the building will be closed.Meet in main hallway conference room.We do not currently have online Zoom meetings, in-person only. Enter through the door near the SportsPlex. Go to the left past the information desk and it is the 3rd door on the left.
6:30 PM	NC Franklinton , 6:30 PM, (EN,O,X) How Important Is It AFG. Franklinton Baptist Church. 102 W Mason St. Not using District Zoom meeting. NC Chapel Hill , 6:30 PM, (C,PAR) Monday Parents with Changed Attitudes AFG. Southern Village. 105 Market St. In-Person 105 Market Street, Classrooms 3/5 Southern Village, Chapel Hill The group will follow North Carolina and host facilities' public health guidelines. Questions, Call Ellen at 919-923-6003.
7:00 PM	NC Carrboro , 7:00 PM, (EN,O,ONL) Solutions AFG - online only. Online - Carrboro. Carrboro. This is only an online meeting. NC Burlington , 7:00 PM, (EN,C,MNO,ONL) New Life Discussion AFG. Shamrock Evangelical Methodist Church (EMC). 3519 Maple Ave. This meeting is on Zoom and in-person*****. **This meeting is held in person and also includes those attending via Zoom at the same time**The church is located approximately 2 miles past Sheetz on Maple Avenue heading toward Liberty. There is a blinking yellow traffic light at the intersection of Maple Avenue and Monroe Holt Road. Once you go through the light, you pass a house on the right with a white fence, and the church is the next building on the right. Our meeting room is down the left hallway.
7:30 PM	NC Raleigh , 7:30 PM, (C,S) Un Cambio de Vida AFG. Hudson Memorial Presbyterian Church. 4921 Six Forks Rd. Quién puede asistir: Familias y amigos.En Hudson Memorial (4921 Six Forks Rd, Raleigh, NC 27609). La reunión es en el lado norte del edificio, segundo piso. Pase por la sala grande, gire a la izquierda y la reunión será en la primera sala a la derecha. Puede acceder a estas reuniones a través de los escalones exteriores al segundo piso, o a través de la puerta del primer piso (con escaleras y ascensor de acceso al segundo piso). Quién puede asistir: Familias y amigos.En Hudson Memorial (4921 Six Forks Rd, Raleigh, NC 27609). La reunión es en el lado norte del edificio, segundo piso. Pase por la sala grande, gire a la izquierda y la reunión será en la primera sala a la derecha. Puede acceder a estas reuniones a través de los escalones exteriores al segundo piso, o a través de la puerta del primer piso (con escaleras y ascensor de acceso al segundo piso).
	NC 27514 Chapel Hill , 7:30 PM, (EN,C,ONL) Progress not Perfection Step Study AFG. Online - Chapel Hill. Chapel Hill. meeting ID 858 4037 6450Passcode: Area42.

Monday (cont)	
7:30 PM	NC Raleigh , 7:30 PM, (S,ONL,TC) Mi Nueva Forma de Vivir (online meeting - Spanish only). Star. 1731 Trawick Rd. Online Zoom Meeting Familiares, amigos y observadores son bienvenidos. Meeting is currently held via ZOOM - updated 10/18/2020.
8:00 PM	NC Cary , 8:00 PM, (AA,EN,O,MNO,X,ONL) Monday Night Serenity AFG. Greenwood Forest Baptist Church. 110 SE Maynard Rd. Discussion, Step Study held 3rd Monday. Enter on Lower level. Beginning Monday, April 12, 2021, the Monday Night Serenity Al-Anon Group will have BOTH in-person and Zoom meetings at 8:00 p.m. The in-person will be following all mandated Covid protocols.The in-person group is meeting at Greenwood Forest Baptist Church, 110 SE Maynard Rd, Cary, NC 27511. NC Raleigh , 8:00 PM, (AL,EN,O) Monday Night How It Works AFG. Hudson Memorial Presbyterian Church. 4921 Six Forks Rd. As of this Monday, May 31, there will be no limits on the number of attendees to our Al-Anon, Alateen, and Kids meetings, all occurring at 8pm.**In-person ONLY**Masks are optional. Quién puede asistir: Familias y amigos.En Hudson Memorial (4921 Six Forks Rd, Raleigh, NC 27609). La reunión es en el lado norte del edificio, segundo piso. Pase por la sala grande, gire a la izquierda y la reunión será en la primera sala a la derecha. Puede acceder a estas reuniones a través de los escalones exteriores al segundo piso, o a través de la puerta del primer piso (con escaleras y ascensor de acceso al segundo piso). NC Raleigh , 8:00 PM, (Y,EN,MNO,XYZ,ONL) Monday Night Kids Alateen. Hudson Memorial Presbyterian Church. 4921 Six Forks Rd. This meeting is for Kids and AMIAS only(Ages 7-12)The Monday Night Kids Alateen meeting at 8pm will now be Hybrid. It will be in person and on Zoom.For more information email the Alateen Coordinator - alateen@ncbernudaafg.org. Quién puede asistir: Familias y amigos.En Hudson Memorial (4921 Six Forks Rd, Raleigh, NC 27609). La reunión es en el lado norte del edificio, segundo piso. Pase por la sala grande, gire a la izquierda y la reunión será en la primera sala a la derecha. Puede acceder a estas reuniones a través de los escalones exteriores al segundo piso, o a través de la puerta del primer piso (con escaleras y ascensor de acceso al segundo piso). NC Raleigh , 8:00 PM, (Y,EN,MNO,XYZ,ONL) Survivors Alateen. Hudson Memorial Presbyterian Church. 4921 Six Forks Rd. For (Ages 13-19)For more information email the Alateen Coordinator - alateen@ncbernudaafg.org**This meeting is now hybrid**. Quién puede asistir: Familias y amigos.En Hudson Memorial (4921 Six Forks Rd, Raleigh, NC 27609). La reunión es en el lado norte del edificio, segundo piso. Pase por la sala grande, gire a la izquierda y la reunión será en la primera sala a la derecha. Puede acceder a estas reuniones a través de los escalones exteriores al segundo piso, o a través de la puerta del primer piso (con escaleras y ascensor de acceso al segundo piso). NC Garner , 8:00 PM, (EN,C,X,ONL) LakeSide AFG. Presbyterian Church of Garner. 503 Lakeside Dr.
Tuesday	
Noon	NC Durham , Noon, (EN,C,ONL,TC) Discovering Choices AFG. First Presbyterian Church East Parlor. 305 E Main St. **This meeting is ONLINE ONLY**. NC Durham , Noon, (EN,C,X) Downtown Durham Lunchtime AFG. First Presbyterian Church East Parlor. 305 E Main St. **This meeting is IN-PERSON ONLY**Currently masks are required. NC Holly Springs , Noon, (EN,O,X) Holly Springs AFG.. Holly Springs Methodist Church. 108 Avent Ferry Rd.

Group Meeting List

Tuesday (cont)	
1:00 PM	NC Chapel Hill , 1:00 PM, (EN,O,MNO,X,ONL) Tuesday/Friday AFG. Binkley Baptist Church. 1712 Willow Dr. Now Meeting In-person and Online https://us04web.zoom.us/j/440770071 . *****In-person meetings are CANCELLED for April 6th and April 20th*****
6:30 PM	unknown State unknown City , 6:30 PM, (EN,C,MNO,X,ONL) Language of Hope AFG. Mt. Sylvan United Methodist Church. Parking lot.
7:00 PM	NC Apex , 7:00 PM, (EN,C,X,ONL,TC) Easy Does It AFG. Apex United Methodist Church. 100 S Hughes St. **Currently Meeting Online Only****NEW ZOOM LINK**Fellowship Hall (between Hughes and Olive Streets). NC Durham , 7:00 PM, (EN,C,MNO,X,ONL) Alexander Ave. AFG. Durham Friends Meeting. 404 Alexander Ave. Meeting held in the brick building nearest Alexander Ave. - the Historic Friends Meetinghouse. Meeting held in the brick building nearest Alexander Ave. - the Historic Friends Meetinghouse. NC Burlington , 7:00 PM, (AA,AL,EN,C,X,ONL) Burlington AFG. First Reformed United Church of Christ. 513 W Front St. Meeting held in the parlor room on the 2nd floor.***Beginning April 9th: New Time 7pm*** NC Burlington , 7:00 PM, (Y,XYZ,ONL) Burlington Alateen AFG. First Reformed United Church of Christ. 513 W Front St. 3rd Floor - Top of the stairs and to the left.Contact our Alateen Coordinator for information on virtual meeting at alateen@ncbermudaafg.org . NC Raleigh , 7:00 PM, (EN,O,MNO,X,ONL) AFG Westminster. Hayes Barton Baptist Church. 1800 Glenwood Ave. Meeting directions: Turn onto Whitaker Mill Road. Beside the church look for the building called The Welcome Center. The meeting begins at 7:00p.m. And is located in room 106. This meeting is also in hybrid format.The receptionist is there if you need direction to room 106.
8:00 PM	NC Chapel Hill , 8:00 PM, (EN,C,X,TC) Chapel Hill/Carrboro AFG. Friends Meeting House AFG. 531 Raleigh Rd.
Wednesday	
10:00 AM	NC Burlington , 10:00 AM, (BE,EN,C,X) We Care AFG. Alamance Lutheran Church. 4008 NC-62.
10:30 AM	NC Raleigh , 10:30 AM, (EN,C,X) Morning Serenity, AFG. Hayes Barton Baptist Church. 1800 Glenwood Ave 2nd Floor. IN-PERSON ONLY. Weather Policy*We suggest you look to WRAL news for any updated information on Hayes Barton Baptist church closures due to bad weather. Or you may text the current Group Representative at 919-215-2983 for information on possible weather related closures." NC Raleigh , 10:30 AM, (EN,C,ONL,TC) Westminster Butterflies AFG. Hayes Barton Baptist Church. 1800 Glenwood Ave. **This Meeting is Online Only**.
Noon	NC Chapel Hill , Noon, (EN,O,X,ONL) Lunch Bunch AFG. Chapel Hill. Chapel Hill. THIS MEETING IS ONLINE ONLY.
1:30 PM	NC Raleigh , 1:30 PM, (EN,O,X) Serenity for Courage to Change AFG. Former Walgreens behind South Hills Mall; Across the street from Crazy Fire Mongolian Grill., 1219 Buck Jones Rd. **In-Person Meeting ONLY**.
3:00 PM	NC Burlington , 3:00 PM, (EN,C,MNO,X) Hope In The Afternoon AFG. St. Mark's Community Church. 1230 St Marks Church Rd. We meet in person and include participation via phone.Please call between 2:55-3 pm. The conference call number is 425-436-6310 and use access code 460076#.Please park in Parking East on Garden Road across from the entrance to the church. Enter the church under the orange St Mark's sign near Mission Cafe. Our meeting is held in the Guilford room (2nd left) in the North Wing to the right past -the cafe. Please park in Parking East on Garden Road across from the entrance to the church. Enter the church under the orange St Mark's sign near Mission Cafe. Our meeting is held in the Guilford room (2nd left) in the North Wing to the right past -the cafe.

Wednesday (cont)	
6:30 PM	NC Raleigh , 6:30 PM, (EN,C,X) Circle of Hope AFG. North Raleigh UMC. 8501 Honeycutt Rd.
7:30 PM	NC Zebulon , 7:30 PM, (C,S) Esperanza Para Hoy AFG. Zebulon Lodge. 111 E Horton St. In-person only, in Zebulon.
8:00 PM	NC Cary , 8:00 PM, (BE,EN,C,MNO,X,ONL) One Day At A Time AFG. Christ The King Lutheran Church. 600 Walnut St. Rotating Discussion and Step Study meetings. Group meets in person with an electronic component. We meet in the West Fellowship Hall. From the main parking lot on the hill facing the building, you will see the church office sign on the building. Go straight, and enter the church. Go left to the Luther cafe. Fellowship hall on the right. Everything needed for the meeting is the plastic bin labeled Al-Anon that is in the metal cabinet in the room. NC Raleigh , 8:00 PM, (EN,O,X) Hayes Barton AFG. White Memorial Presbyterian Church. 1704 Oberlin Rd. Directions: The meeting is held in the downstairs / bottom level of the Calvin Building. Though the main church building is on Oberlin Road, the Calvin Building is located on McDonald Lane (one way) and is on your left when heading in the direction of traffic. Parking is available on McDonald Lane as well as in the parking lot near the corner of St. Mary's Street and Colonial Road. A detailed map is available in the link in the button below.

Thursday	
Noon	NC Durham , Noon, (EN,C,X,ONL,TC) RTP Munch Bunch AFG. Lowe's Grove Baptist Church. 4430 S Alston Ave. In brick building behind church.
6:30 PM	NC Durham , 6:30 PM, (EN,O) Just For Today AFG. Durham Alano Club. 400 Crutchfield St A. Discussion/Topic meeting.**In-person ONLY**. There is more parking in the rear of the building. NC Hillsborough , 6:30 PM, (BE,EN,C,X) Moving Forward Live AFG (Thursday). Passmore Senior Center. 103 Meadowlands Dr. ***In-person Only***. Enter through the door near the SportsPlex. Go to the left past the information desk and it is the 3rd door on the left. NC Wake Forest , 6:30 PM, (Y,EN,XYZ,ONL,TC) Alateen Wake Forest. Wake Forest United Methodist Church. 905 S Main St. Special Notes: Kids and AMIAS only(Ages 8-19)This meeting will on Zoom only.For more information email the Alateen Coordinator - alateen@ncbermudaafg.org . MEETING ONLY ON ZOOM CURRENTLY. NC Wake Forest , 6:30 PM, (EN,O,X,ONL) Keep It Simple AFG. Wake Forest United Methodist Church. 905 S Main St. MEETING ONLY ON ZOOM CURRENTLY.
7:00 PM	NC Apex , 7:00 PM, (EN,O) Apex Live and Let Live AFG. Apex United Methodist Church. 100 S Hughes St. NC Raleigh , 7:00 PM, (Y,ONL) Oasis Alateen Meeting. Camel Club 24 Fellowship. 4015 Spring Forest Rd. This is a new meeting, the first meeting will be on 2/9/2023For more information, contact: alateen@ncbermudaafg.org . NC Raleigh , 7:00 PM, (I) Oasis Family Recovery AFG. Camel Club 24 Fellowship. 4015 Spring Forest Rd. For More informationCall Doug 919.630.8855 or Kathy P 919.798.7147. NC Chapel Hill , 7:00 PM, (EN,C,ONL,TC) Serenity At Seven AFG. Christ United Methodist Church. 101 Market St. Currently meeting online. Building 101 across the road from the church. NC Clayton , 7:00 PM, (I) Johnston County AFG. Generations Church. 195 NC-42. In-person ONLY The meeting is held within the church to the right when entering the main entrance. NC Chapel Hill , 7:00 PM, (EN,O,MNO,ONL) Solutions AFG - Thursday Night Hybrid. Orange United Methodist Church - Log Cabin. 1220 M.L.K. Jr Blvd. zoom id: 752 317 198pw: Area42. Starting May 30th please join us at our new location.Note: The 2nd link under "Contact Information" will show the meeting location - Log Cabin on the church property.

Thursday (cont)	
7:00 PM	NC Burlington , 7:00 PM, (EN,C,ONL) Learning To Live AFG. Shamrock Evangelical Methodist Church (EMC). 3519 Maple Ave. This is a literature study group, except on last Thursday of the month is a speaker meeting. Please see chairperson for details. **This meeting is held in person and also includes those attending via Zoom at the same time**The church is located approximately 2 miles past Sheetz on Maple Avenue heading toward Liberty. There is a blinking yellow traffic light at the intersection of Maple Avenue and Monroe Holt Road. Once you go through the light, you pass a house on the right with a white fence, and the church is the next building on the right. Our meeting room is down the left hallway. NC Cary , 7:30 PM, (EN,O,X,ONL,TC) Courage To Change AFG. Triangle Alano Club. 177 High House Rd. **Please note: This is a new Zoom link as of 4/21/2022. **In-person only at this time**.

Friday	
10:30 AM	NC Raleigh , 10:30 AM, (EN,C,ONL) Friday Focus on Serenity. Raleigh, NC. Raleigh. ONLINE ONLY. NC Raleigh , 10:30 AM, (EN,C,X) Friday Morning Serenity. Saint Philip Lutheran Church. 7304 Falls of Neuse Rd. IN-PERSON ONLYWe may meet in-person even if local schools close for inclement weather. The church allows meetings in inclement weather but all are responsible for our own choices/safety.Thank you!. NC Durham , Noon, (EN,C,X,ONL,TC) Discovering Choices AFG. First Presbyterian Church East Parlor. 305 E Main St. NC 27596 Youngsville , Noon, (EN,O,LIT) Listen and Learn AFG. Online-Youngsville. Youngsville. Literature Book Study. This meeting is using the New Reader - "A Little Time For Myself"*** ONLINE ONLY** NC Raleigh , Noon, (EN,C,X,ONL) TGIF AFG. The Church of the Good Shepherd. 121 Hillsborough St. We will begin meeting on Friday, November 5, at noon.We will need to be fully masked for the duration of our time in the building.We encourage only those who are fully vaccinated to attend in person meetings.The Church of the Good Shepherd, 121 Hillsborough Street, will be closed on the Friday after Thanksgiving, November 26 and on Christmas Eve, December 24.The meeting will be held via zoom only. **Monday meeting is online with Zoom ONLY**.
1:00 PM	NC Chapel Hill , 1:00 PM, (EN,O,MNO,X,ONL) Tuesday/Friday AFG. Binkley Baptist Church. 1712 Willow Dr. Now Meeting In-person and OnlineMeet in The Lounge. https://us04web.zoom.us/j/440770071 . *****In-person meetings are CANCELLED for April 6th and April 20th*****.
6:30 PM	NC Durham , 6:30 PM, (EN,O,X,ONL) LGBT Triangle Recovery AFG. Eno River Unitarian Universalist Fellowship. 4907 Garrett Rd. For more information, including the password for this meeting,please email dhm.lgbt.triangle.recovery@ncbermudaafg.org You will need to copy/paste this email address into your email software client**Starting Friday, June 3rd 2022 this meeting will be a hybrid format**Masks are required for all attending in-person at the church. Care Building/Rooms 4&5.
7:00 PM	NC Cary , 7:00 PM, (EN,O,ST,X) Courage Strength and Hope AFG. Cary Presbyterian Church. 614 Griffis St. ***This meeting will be open for meetings - IN PERSON ONLY - starting Friday 2/11 ***. Enter through Front door. NC Cary , 7:00 PM, (Y,XYZ) Courage Strength and Hope for Alateens. Cary Presbyterian Church. 614 Griffis St. Contact Alateen@ncbermudaafg.org for questions. Enter through Front door.

Saturday	
8:30 AM	NC Chapel Hill , 8:30 AM, (EN,C,X,ONL) Early Bird Meeting AFG. Binkley Baptist Church. 1712 Willow Dr. *** in person and online*****In-person meeting is CANCELLED for April 20th & 27th, these meetings will meet online only.***** In-person meetings are CANCELLED for April 6th and April 20th*****.

Group Meeting List

Saturday (cont)	
9:30 AM	NC Raleigh , 9:30 AM, (EN,ONL) Courage To Change AFG. Former Walgreens behind South Hills Mall; Across the street from Crazy Fire Mongolian Grill.. 1219 Buck Jones Rd. In-Person meeting and Zoom meetings run simultaneously but separately. **In-Person Meeting ONLY** .
10:00 AM	NC Chapel Hill , 10:00 AM, (BE,EN,O,MNO,X,ONL) Saturday Morning Live Beginners AFG. Binkley Baptist Church. 1712 Willow Dr. This meeting is now has an in-person component. *****In-person meetings are CANCELLED for April 6th and April 20th***** .
10:30 AM	NC Raleigh , 10:30 AM, (EN,C,MNO,X,ONL) Free Spirit Al-Anon AFG. Hayes Barton Baptist Church. 1800 Glenwood Ave. **NEW LCOATION as of 5/18/24****Meeting ID: 870 9089 7704****Meeting in-person and online.** .
11:00 AM	NC Chapel Hill , 11:00 AM, (EN,MNO,X,ONL) Saturday Morning Live AFG. Binkley Baptist Church. 1712 Willow Dr. Speaker meetings are on the 3rd Saturday of January, March, May, July,September and November and are open to all. *****In-person meetings are CANCELLED for April 6th and April 20th***** . NC Apex , 11:00 AM, (C,S) Esperanza GFA (Hope AFG). Family Ministry Building. 203 E Moore St. Meeting may start as early as 6:00. Look for the "Family Ministry" building. It is a tiny brick structure separate from the main church. It's located on the corner of S. Elm Street and E. Moore St, next to the train tracks and the Noah's Ark school buses. NC Roxboro , 11:00 AM, (EN,C,X) Roxboro AFG. Roxboro Presbyterian Church. 319 S Lamar St. No Zoom meeting. Use Back side entrance to Community Room.
5:00 PM	NC Durham , 5:00 PM, (EN,O,ONL) Serenity for Today AFG. Durham Alano Club. 400 Crutchfield St A. Topic Discussion meeting except for the second Saturday of the month which is a Speaker Meeting.This group also celebrates Alanon Birthday's on the 4th Saturday of the month so if you have a birthday please come and celebrate with us. There is more parking in the rear of the building.

Meeting Symbols – What do they Mean?

The codes are as follows: (O) Open, (C) Closed, (SP) Speaker, (D) Discussion, (ST) 12 Step Study, (LIT) Literature Study, (SM) Smoking, (X) Wheelchair Access

Al-Anon MEETING LIST Dec 2023